SERVICE DOG TRAINING APPLICATION - PARTA

PSYCHATRIC/PTSD First Name Last Name Email: Date: During the past 4 weeks have you had any problems with your work or dailylife due to your physical health? Yes **RSTr** No Don't know During the past 4 weeks, have you had any problems with your work or daily life due to any emotional problems, such as feeling depressed, sad or anxious? Yes Las No Don't Know Ema Overall how would you rate your mental health? Excellent il Somewhat Good Average Somewhat Poor Date Poor Not Sure Have you felt particularly low or down for more than 2 weeks in a row? Very Often Somewhat Often

Not so Often

Not At All

During the past two weeks, how often has your mental health affected your relationships?

Very Often

Somewhat Often

Not So Often

Not At All

How often do you experience the feelings below:

Calm and Peaceful

Never

Once In a While

About Half the Time

Always

Energetic

Never

Once In a While

About Half the Time

Always

Gloomy

Never

Once In a While

About Half the Time

Always

Angry

Never

Once in a While

About Half the Time

Always

Have you ever been diagnosed with a mental disorder before?

Yes

No

When did you last get your mental health examination done?

Less than 6 months ago

6 months ago

A year ago

More than a year ago

Is there a history of mental disorder in your family?

Yes No If YES, Please select which of the family members has/had a history of mental illness. Mother Father Sister Grandfather Grandmother Other Does your health limit you in doing the following daily activities? **Light physical Activities** Very Less Moderately Very Much Most of the time **Heavy Physical Activities** Very Less Moderately Very much No problem Have you seen a therapist in the recent past? Yes No Are you currently taking any medications? Yes No How many hours do you sleep per day? Less than 4 4-6 7-9 9+ How is your quality of sleep Very bad Bad Normal Good Very good How often do you feel positive about your life?

Never



If there is any other info you think we should know please add it here.